

Memorable Moments Questionnaire

1. What specific incidents do you recall from when you were young?
2. What specific incidents do you remember that involved you and your parents?
3. What specific incidents do you remember that involved you and one of your brothers or sisters?
4. What specific incidents do you remember that involved you and the people in your extended family: grandparents, aunts, uncles, cousins?
5. What specific incidents do you remember that involved you and a neighbor?
6. What specific incidents do you remember that involved you and one of your pets?
7. What specific incidents do you remember that involved you and one of your friends?
8. What specific incidents do you remember that involved you and a bad day at school?
9. What specific incidents do you remember that made you extremely sad?
10. What specific incidents do you remember that made you extremely happy?
11. What specific incidents do you remember that made you extremely scared?
12. What specific incidents do you remember that caused you a great deal of embarrassment?
13. What specific incidents do you remember when you attempted to learn or do something new?

14. What specific incidents do you remember that made you feel very proud or successful?
15. What specific incidents do you remember from a place you lived?
16. What specific incidents do you remember from a vacation?
17. What specific incidents do you remember from a special occasion?
18. What specific incidents do you remember from holidays you celebrate?
19. What specific incidents have helped you become the person you are today?
20. What specific incidents do you remember that caused you to stand up for yourself or someone else?
21. What specific incidents do you remember when you won or lost something important?
22. What specific incidents do you remember when you kept or told a secret?
23. What specific incidents do you remember when you got blamed for something you didn't do?
24. What specific incidents do you recall that involved participating in or watching a sporting event or outdoor adventure?
25. What has been the single most important moment in your life so far?

After completing this list, you might ask students if there are other important memories or incidents that come to mind that they would like to include.